



Dr Zahra Kamiab
Community medicine specialist

*** Personal information**

NO.	Title	Description
1	Degrees	General Physicians (2010) – M.D., Community Medicine (2015)
2	Education place	Rafsanjan and Tehran Universities of Medical Sciences
3	Workplace	Clinical research development unit- social medicine department
4	Academic degree	Assistant Professor
5	Mobile	09133911009
6	Email	dr.kamiab89@gmail.com

***Thesis**

NO.	Title	Grade	Year
1	Frequency of take the drug without prescription in Rafsanjan and Kerman pharmacies 2010	GP	2010
2	Assessment the age of first myocardial infarction and the changes in risk factors in patients in cardiac coronary care (CCU) in Rafsanjan Ali ibn Abi Talib hospital during 2003 to 2012	MD	2015

***Articles**

No.	Title	Author's position	Journal name	Citation index	Publishing status (date)
1	Serum CXCL10 and CXCL12 chemokine levels are associated with the severity of coronary artery disease and	Author	International journal of cardiology	ISI (IF=4.034)	Published (2017)

	coronary artery occlusion				
2	Prevalence of smoking and high blood pressure, two major risk factors for non-communicable diseases: the SuRF (surveillance of risk factors) report 2012	Correspond	J Cardiovasc Thorac Res	ISI(ESCI), PubMed, Embase	Published (2016)
3	The Pattern of Age Changes of First Acute Myocardial Infarction in Rafsanjan During 2003 to 2012: Has Age Decreased?	first	Journal of Rafsanjan University of Medical Sciences	ISC	Published (2017)
4	A nutritional Survey on Both Underweight and Stunting among Iranian Children between 6-24 months Old, Rafsanjan, Southeast Iran (2015)	Author	International Journal of Food Engineering	ISI (IF=0.923)	Published (2018)
5	Perceived Social Stigma in Patients with Multiple Sclerosis: A Study from Iran.	Author	Acta neurologica Taiwanica	Scopus, PubMed, Embase	Published (2018)
6	The Cut-off Point of Ferritin, Procalcitonin, and Serum CRP Levels in the Peripheral Blood of Neonates Suffering from Sepsis	first	Journal of Kerman University of Medical Sciences	Scopus, Embase	Published (2019)
	The effects of botulinum toxin type A injection on pain symptoms, quality of life, and sleep quality of patients with diabetic neuropathy: A randomized double-blind clinical trial	Author	Iranian Journal of Neurology	ISI (ESCI) , PubMed , Embase	Published (2019)
7	Gastric-ulcerogenecity effect of capparispinosa and indomethacin in rat	Author			submitted

7	Evaluation of Frequency of Types of Rheumatologic Manifestations and their Relationship with Blood Glucose Control in Patients with Type II Diabetes	Correspond			submitted
8	Evaluation of Treatment of Infants with Acute Bronchiolitis and Comparing It with Modern Therapeutic Methods in an Education Hospital in Rafsanjan	Correspond			submitted
9	The Effect of Depression during Pregnancy on Anthropometric Indicators of Newborns: A Cohort Study	Author			submitted

*** Congress and seminars**

No .	Title	Congress name	Type of presentation	Year
1	Central obesity and cardiovascular risk factors: The SuRF NCD (Surveillance of Risk Factors of Non-Communicable Diseases) Report 2012	The First Iranian community medicine Congress	Poster	2016

2	Prevalence of smoking and high blood pressure, two major risk factors for non-communicable diseases: the SuRF (surveillance of risk factors) report 2012	The First Iranian community medicine Congress	Poster	2016
	Age trend and related risk factors in patient with first myocardial infarction: a ten year study	The 8 th Iranian epidemiology Congress and the 1 th international Congress of clinical epidemiology	Poster	2016

*** Research projects and theses supervised or advised**

NO.	Title	Type	Function
1	A survey on prevalence and Factors Associated With Patients Who Leave the emergency Against Medical Advice in ali ebn abitaleb hospital (2019	General Physicians Thesis	Supervisor
2	survey on occurrence of multiple birth and some related factors in Rafsanjan health facilities in 2019	General Physicians Thesis	Advisor
3	Effect of Jollab on mild and moderate depression in patients with depression in Rafsanjan, in 2019	General Physicians Thesis	Advisor
4	Evaluation of clinical signs, diagnostic findings and 2 years follow up in patients with pulmonary stenosis who refered to Rafsanjan Aliebn-abitaleb hospital from 2016 to 2017	General Physicians Thesis	Advisor
5	Evaluation of primary clinical signs and diagnostic in patent with patent ductus arteriosus (PDA) treated and Clinical Consequences in 2 Years Follow-up refered to Rafsanjan Aliebn-Abitaleb Hospital from 2015 to 2018	General Physicians Thesis	Advisor
6	A survey on Frequency and some causes of infant mortality in Ali-Ibn Abi-Talib Hospital in Rafsanjan at years 1394-1397	General Physicians Thesis	Advisor
7	Relationship the correlation between self-management and medication adherence with quality of life in mood disorders patients admitted to the psychiatric ward of Moradi Hospital	General Physicians Thesis	Advisor

	in Rafsanjan city in 2019		
8	Investigation of Serum levels of Ca, Mg and VitD in neonates with hyperbilirubinemia treated with phototherapy referring to Rafsanjan Ali-Ibn Abi-Talib hospital in 2019	General Physicians Thesis	Advisor
9	Evaluation of knowledge, attitude and practice of individuals referred to the specialized clinics of Ali ibn Abitaleb Hospital in Rafsanjan regarding colorectal cancer screening methods in 2019	General Physicians Thesis	Advisor
10	The effect of supplemental aqueous extracts of Achillea millefolium on clinical signs and symptom of knee joint osteoarthritis in rheumatology clinic of Rafsanjan in 2019: a randomized and double blind clinical trial	General Physicians Thesis	Advisor
11	The effect of Achillea Millefolium ointment on severity and symptoms of osteoarthritis in patients referred to Rheumatology clinic in Rafsanjan- A clinical trial double-blind study	General Physicians Thesis	Advisor
12	Evaluation of the CXCL13/CXCR5 axis in rheumatoid arthritis who referred to rheumatology clinic in Rafsanjan university of medical sciences	General Physicians Thesis	Advisor
13	Assessment of IL-25 serum levels in patients with and without osteoarthritis referring to Rafsanjan's Rheumatology clinic in 2019	General Physicians Thesis	Advisor
14	Investigation of the expression pattern of effective miRNAs in DNA methylation in SLE patients and its comparison with healthy people	General Physicians Thesis	Advisor
15	Evaluation the frequency of rheumatologic manifestations in diabetic patients who referred to diabetic clinic of Ali Ibn Abi Talib hospital of Rafsanjan during the second half of 1395	General Physicians Thesis	Advisor
16	The effect of topical Pistacia vera oil on clinical signs of knee joint osteoarthritis: a randomized and double blind clinical trial	General Physicians Thesis	Advisor

17	Assessment the role of regulatory B cells in the modulating of immune responses against systemic lupus erythematosus patient	General Physicians Thesis	Advisor
18	The effect of topical basil vera oil on clinical signs of knee joint osteoarthritis: a randomized and double blind clinical trial	General Physicians Thesis	Advisor
19	The survey of the frequency of global methylation in morphine dependent persons under maintenance treatment with methadone Compared with healthy people	General Physicians Thesis	Advisor
20	frequency of the first day neonatal jaundice and some of its effective factors in newborns born in labor departments of Rafsanjan in 2018	General Physicians Thesis	Advisor
21	Considering the Effect of Regular or Irregular Iron Supplement in 6-36 Months Infants in Rafsanjan City in 2016	General Physicians Thesis	Advisor
22	A SURVEY ON Prevalence of preterm labor and SOME related factors in women referring to Rafsanjan Niknafs and Aliebn abitaleb hospitals in october to march of 2016 a case control	General Physicians Thesis	Advisor
23	The survey on the breastfeeding complication and some related factors in the term newborns admitted to Rafsanjan's Aliebn abitaleb hospital in 2017	General Physicians Thesis	Advisor
24	Effect of L-Carnitine on QT-Dispersion of patients with acute myocardial infarction in Rafsanjan Aliebi-abitaleb hospital: a randomized double blind placebo controlled trial	General Physicians Thesis	Advisor
25	The frequency of blood groups in patients with myocardial infarction hospitalized in CCU and Cat Lab department of Ali-ebn Abiltaleb Hospital of Rafsanjan in 2017	General Physicians Thesis	Advisor

26	The effect of the botulinum toxin type A on neuropathic pain in patients referred to diabetes clinic of Ali Ibn Abi Talib hospital in Rafsanjan in 2017	General Physicians Thesis	Advisor
27	A Survey on the frequency of short stature and some of its related factors in 6 years old students of Rafsanjan city during Year of 2018-1	General Physicians Thesis	Advisor
28	Effects of zinc supplementation and folic acid on endocrine outcomes, biomarkers of inflammation and lipid profile in women with polycystic ovary syndrome	General Physicians Thesis	Advisor
29	The effect of simultaneous use of probiotic and omega-3 on the improvement of non-alcoholic fatty liver disease in rat	General Physicians Thesis	Advisor
30	A survey on the frequency of in-hospital mortality and some related risk factors in stroke patients referring to general neurology ward of Rafsanjan Ali-ebn Abitaleb hospital since 2012 to 2018	General Physicians Thesis	Advisor
31	Survey on the prevalence of helicobacter pylori infection and nutritional status in multiple sclerosis patients referring to multiple sclerosis clinic in Rafsanjan (a case-control study)	General Physicians Thesis	Advisor
32	Assessment of treatment outcome & probable side effects of rt-PA(recombinant tissue plasminogen activator) in the treatment of patients with Acute Ischemic Stroke in ali ebn abitaleb hospital, Rafsanjan	General Physicians Thesis	Advisor
33	Evaluation the frequency of anemia in diabetic type 2 patients without renal failure and its relation to cytokine TNF- α and IL-1 β	Research project	administrator

34	The effect of the botulinum toxin type A on reducing neuropathic pain in patients referred to diabetes clinic of Ali Ibn Abi Talib hospital in Rafsanjan in 2017	Research project	administrator
35	A survey on the frequency of in-hospital mortality and some related risk factors in stroke patients admitted to Rafsanjan Ali-ebn Abitaleb hospital, since 2012 to 2017	Research project	administrator
36	Effects of zinc supplementation and folic acid on endocrine outcomes, biomarkers of inflammation and lipid profile in women with polycystic ovary syndrome in 2016-17.	Research project	administrator
37	The study of treatment outcomes and side effects of recombinant tissue plasminogen activator prescription and reasons of nonuse of it in patients with acute ischemic stroke in Ali-ibn Abitaleb hospital 2016-17	Research project	administrator
38	frequency of opium addiction and its relation with severity-extent and location of lesion in patients with ischemic stroke admitted to Ali Ebn-Abitaleb hospital of Rafsanjan in 2018	Research project	colleague
39	Frequency of iron deficiency anemia in children aged 9 to 24 months covered by iron supplementation referring to health care 1 of Rafsanjan in 2017	Research project	colleague
40	Effect of L-Carnitine on QT-Dispersion of patients with acute myocardial infarction in Rafsanjan Ali-ebn-Abitaleb hospital: A randomized, double-blind, placebo-controlled trial	Research project	colleague
41	A Survey on the prevalence of short stature and some of its related factors in 6 years old students referring to health centers of Rafsanjan city during Year of 2018-19	Research project	colleague

42	Frequency and some consequences of premature neonates admitted in Ali-ebn-abitaleb hospital in Rafsanjan, 2018	Research project	colleague
43	Comparison of serum levels of 25 dihydroxyvitamin D in hemodialysis patients (ESRD), chronic kidney disease (CKD) and healthy subjects in Aliebn abitaleb hospital in Rafsanjan in 2018	Research project	colleague
44	Frequency of Congenital Heart Disease and some related factors in Infants born In The city of Rafsanjan (2017-2018)	Research project	colleague
45	Investigation of the Local Effect of bovine ghee on complication after Angiography in Patients Under Coronary Angiography Admitted to Ali-ibn Abitaleb Hospital in Rafsanjan City in 2018	Research project	administrator
46	Comparing diets of depressed patients with healthy individuals	Research project	colleague
47	Prevalance and some causes of severe indirect hyperbilirubinemia among neonates who born in Rafsanjan Maternity Hospitals in 2018	Research project	colleague
48	Investigate the relationship between self-management, quality of life and medication adherence in patients admitted to the psychiatric ward of Rafsanjan city in 2019	Research project	colleague
49	The effect of topical Pistacia vera oil on clinical signs of knee joint osteoarthritis: a randomized and double blind clinical trial	Research project	colleague
50	Effect of Jollab on depression. A RandomizedDouble-Blind onrolled Trial	Research project	colleague

51	Effect of inhaling Mentha spicata on some clinical symptoms of common colds	Research project	administrator
52	The survey of utilization of citizen to health services and impact factors on health services in health centers in Rafsanjan city by using ANN (artificial neron network) in 2018	Research project	administrator
53	A survey on prevalence and Factors Associated With Patients Who Leave the emergency and other department Against Medical Advice in ali ebn abitaleb hospital (2018)	Research project	administrator
54	Effect of inhaling Mentha spicata on some clinical symptoms of common colds	Research project	administrator
55	Investigation the relationship Professional Quality of Life with Hardiness job and Clinical Competency of Nurses in Ali ibn Abitaleb Hospital in Rafsanjan City in 2019	Research project	colleague
56	A survey on Frequency and some causes of infant mortality in Aliebn-Abitaleb Hospital in Rafsanjan at years 1394-1397	Research project	colleague
57	A survey on frequency of "double-line sign" in the focused assessment with sonography for trauma in patients with multiple trauma referring to Ali ibn Abitaleb Hospital Rafsanjan in 2018-19	Research project	colleague

***Education Courses**

NO.	Title	Organization	Year
1	Randomized control trial	Tehran university of medical science	2013
2	Systematic review and meta-analysis	Tehran university of medical science Tehran university of medical science	2013
3	Reference manager (end note)	Tehran university of medical science	2013
4	Search 1.2.3	Tehran university of medical science	2013
5	Scientific Writing	Tehran university of medical science	2013

*** Teaching experience**

NO.	Title	Organization	From	To
1	Apprenticeship of community and family medicine	Rafsanjan university of medical sciences	2015	now
2	internship of community and family medicine	Rafsanjan university of medical sciences	2015	now
3	Family health	Rafsanjan university of medical sciences	2015	now
4	Epidemiology and control of non-communicable disease in Iran	Rafsanjan university of medical sciences	2015	now
5	Information Search MEDLINE Workshop	Rafsanjan university of medical sciences	2016	

***Occupational and executive experience**

NO.	Title	Organization	From	To
1	head of Clinical Research Development unit	Rafsanjan university school of medicine	2015	now
2	Member of the Research Council of the University	Rafsanjan university of medical sciences	2015	now
3	Head of Family Physician Group	Rafsanjan university school of medicine	2015	now

***Favorite field: New drugs in Rheumatology**